

WEEK 4: Jesus Heals, Prays, and Preaches

Big Idea: Jesus made time for people.

HANGOUT

1. Guide everyone to spread out. Demonstrate an action or task (e.g., jumping jacks; sit down and stand up; push-ups; count as high as you can), then challenge the kids to see how many they can do in one minute. Invite them to take turns keeping time using a phone or a board game timer.
2. Share some drinks and snacks with your group and discuss:
 - Is it easier or harder to get things done when there's a limited amount of time?
 - How does it make you feel when you know time is running out?
3. Introduce today's Big Idea: **Jesus made time for people**. Emphasize that Jesus was never in too much of a hurry to love and serve the people who came to him. Ask the kids when they think they could come to Jesus and talk to him. (Anytime!)

Watch this week's video on the Kids and Youth playlist at youtube.com/themeetinghouse

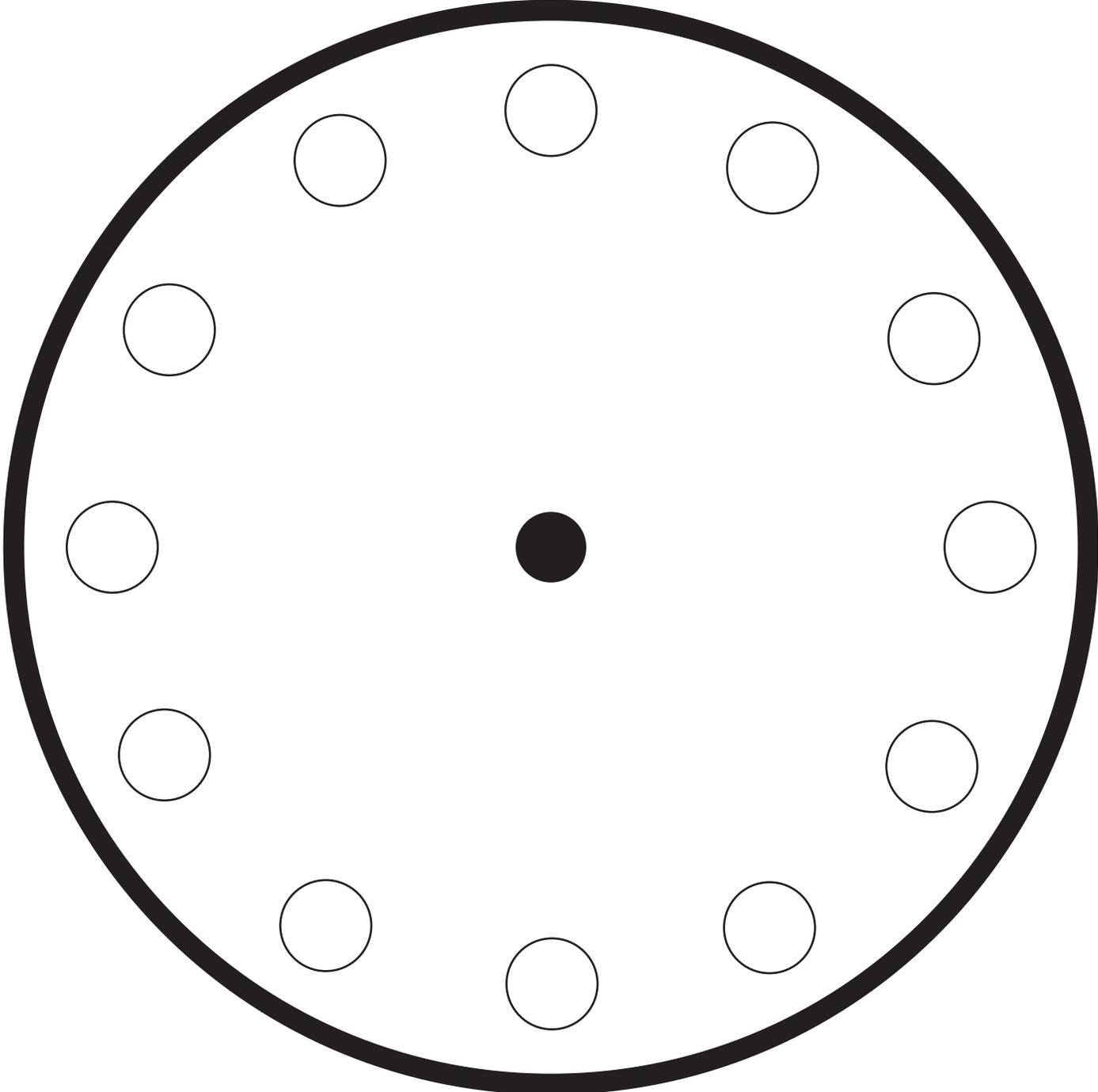
HEAR

4. Let everyone know that in today's story from the Bible Jesus makes himself available to love, serve, and heal many people. We also see how Jesus got the energy he needed to do all that good work.
5. Look up and read about Jesus healing, praying, and preaching in Mark 1:29-39.
6. Discuss:
 - Who's the first person Jesus healed? (see verses 30-31)
 - What happened that same evening after sunset? (see verses 32-34)
 - What did Jesus do the next morning before the sun came up? (see verse 35)
 - Who came to find Jesus? (see verse 36)
 - What did they say to Jesus in verse 37?
 - In verse 38, what reason does Jesus give for why he came?
 - Who did Jesus make time for in this story? (sick and demon-possessed people, his disciples, and, most importantly, God)
 - Why do you think it was important for Jesus to spend time alone praying to God early in the morning?

HUDDLE

7. Ask the kids to think of someone they could take extra time to care for (e.g., a sibling, a grandparent, or somebody at school or church who may need a friend). Brainstorm what they could do for or with that person to show how much they care. Write the kids' ideas on a piece of paper.
8. Pray, "Thank you, God, for each of these awesome kids and their giant hearts that want to love and serve you [name each person in your group if possible]. Thank you that Jesus always made time for people. Please help us to stay close to you and make time for people just like Jesus did. We love you, God! Amen."

Fill in the numbers 1-12 on the clock. Add the two hands to show the time. Colour your clock to make it one-of-a-kind!



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