

Kidmax at Home

Big Idea: God helps us be who he created us to be.

God Story: David & Goliath | 1 Samuel 17

Supplies needed: Bible, optional – Bible tips sheet, “Created to be” activity page, markers or crayons

Conversation Starters: Use these questions to get your kids thinking about the Big Idea. Get ideas flowing by sharing some of your own ideas too!

- What do you want to be when you grow up?
- Who do you think God created you to be?

Video: watch this week’s video at www.themeetinghouse.com/kidmax

Pray & Discuss: After the video take time to talk about it together.

Supplies: Bible, Bible tips sheet

- What happened in the God Story? What was the life story about?
- How do you think these two stories connect to our Big Idea (**God helps us be who he created us to be**)?
- Open your Bible to the Table of Contents (or open the Bible app on a smart device). If you want, take a moment to review the Bible Tips sheet to teach your children how to navigate a Bible.
- Look up 1 Samuel 17:38. Read the verse aloud.
 - Discuss: have you ever worn someone else’s clothes or shoes? How did it feel?
- Read verse 39.
 - Discuss: how did David feel in Saul’s armor?
- Read verse 40.
 - Discuss: what did David do instead of wearing armor and picking up a sword? Why would he do that?
- Why might God have used shepherds?
- Explain that David’s story has its up and downs. However, he trusted God and tried to be who God created him to be. **God helps us be who he created us to be.** When we focus on following Jesus, we’re reminded of who God made us to be. We may get distracted sometimes but we can help one another refocus when that happens!
- **Pray:** God is a part of the conversation with us! You can model for your kids that they can pray to God anytime. You don’t need specific words or length but it’s great to tell God what you’re thinking and ask for him to speak to you and remind you he is near.

Family Activity:

Supplies: “Created to be” activity page (1 per person), markers or crayons

- Give everyone an activity page. Draw a picture of yourself with symbols or words around it, describing who God made you to be.

Additional Activities

Created For (Who Am I?)

Supplies: "created for" cards, tape, scissors

- **Prep:** cut out the cards
- Give each person a card to stick on their forehead. No peeking!
- Have families try to guess what's on their foreheads. Inside the family bubble, have members ask one another questions that start with "was I created for...?" (ex: Was I created for eating? Was I created for swimming?). All questions can only be answered YES or NO.
- See which family can have everyone figure out who they are first.
- To wrap, remind everyone that this week's Big Idea is **God helps us be who he created us to be.**

Human Outline

Supplies: for each family – sheet of craft paper, markers

- Give each family their supplies. Have one family member volunteer to lie on the craft paper and be traced by the others.
- Once the outlines are done, **ask:** what did God create our feet to do? Our knees? Our hands? Our head (brains)? Families can write their answers on the outline next to those areas.
- Once families are done, talk a little about some of their ideas.
- To wrap up, explain that God created our body parts to do different things. They work together and are part of who God created us to be.
- Our Big Idea this week is **God helps us be who he created us to be.**

Key Verse Hopscotch

Supplies: key verse hopscotch printout (1 set for every 2 families), tape to keep it down, key verse sign, beanbag or something light and non-rolly to throw (1 per family)

- **Prep:** Tape out the hopscotch pages. Tape to the floor around the edges to prevent tripping.
- Review the key verse with everyone.
- Have families take turns playing hopscotch. Say each word as you hop on it.
 - To make it harder for older kids: can you go backwards? Can you hop with one foot instead of two?